



## POST-OP INSTRUCTIONS:

### ROOT CANALS

Root Canal Therapy usually takes one or two appointments to complete. The diseased nerve tissue has been removed from the tooth and the inside of the tooth was smoothed and cleansed of infection. Finally, we used a sealer to seal the tooth at the root.

When your tooth was infected, some infection was spread out of the root into the bone. Until this infection is healed, you should expect tenderness and discomfort. We have prescribed for you an antibiotic and pain medication for you to help with these symptoms.

During the period of healing it is very important to take care of yourself as you would in treating any other infection in your body. It is important that you eat properly, drink plenty of water and finish all of your medication.

Now that your tooth has had the nerve and nutrient supply removed and is no longer a "live" tooth, it will tend to become brittle. A crown is now necessary to protect the tooth and provide the needed strength for everyday stress.

With proper care and normal healing responses from your body, this tooth can provide good use for a long period of time. If you should have any questions or problems concerning your treatment, please call our office at

It is normal to experience some pressure sensitivity and soreness after your appointment as well as mild swelling. Injection sites may also be sore. You can take 1 600mg Ibuprofen (this is usually given as an Rx) and 1 regular strength (over the counter) 500mg Tylenol at the same time every 6-8 hours as needed for pain. This combo has proven to be even more effective than a narcotic pain killer.

If you were prescribed an antibiotic, please take it as directed.

If you experience any severe pain and swelling or if you have any additional questions, please call our office at:  
281-251-8181