



POST-OP INSTRUCTIONS: CROWN AND BRIDGE

WHILE WEARING A TEMPORARY CROWN OR BRIDGE

1. It is normal for the gum around the tooth to be tender for a day or two. If the tenderness persists any longer than two days, please call the office immediately so we can check the temporary crown or bridge and correct any problem.
2. If the temporary crown or bridge comes loose, please call us the next business day. This is not a dental emergency but it is important that we see you within a few days. If the temporary crown or bridge is off for more than a few days, the tooth can shift position and cause the long-lasting crown or bridge to not fit well.
3. Please avoid eating on the temporary crown as much as possible.
4. Please carefully clean around the temporary with a toothbrush every day. The permanent crown or bridge will go in place so much easier if the gum around the tooth is healthy. When you do floss, pull the floss carefully out the side to avoid pulling the temp off.
5. Try to avoid sticky foods and chewing gum on the temporary crown to avoid pulling it off.
6. Slight discomfort, sensitivity and tenderness are possible after a tooth has had dental treatment, but if any of these persist for more than a day or two, please call the office.

AFTER PERMANENT CROWN OR BRIDGE HAS BEEN CEMENTED

You have just had a crown or bridge cemented onto your teeth. They replace the missing tooth structure very well and should give you years of service if you will observe the following suggestions:

1. **CHEWING:** Do not chew hard foods on the restorations for 24 hours from the time they were cemented. The cement must be mature for about 24 hours to have optimum strength
2. **SENSITIVITY:** Don't worry about mild sensitivity to hot or cold foods. It will disappear gradually over a few weeks. Infrequently, sensitivity lasts longer than six weeks. Please tell us if this occurs.
3. **AGGRESSIVE CHEWING:** Even with natural teeth, it is never advisable to chew on ice or other hard objects. Avoid chewing very sticky foods such as "hard tack" candies because they can remove restorations.
4. **RECALLS:** Visit us for regular six month examinations. Often, small problems that are developing around the restorations can be found at an early stage and corrected easily, but waiting for a longer time may require redoing the entire restoration. Inadequate return for examination is the most significant reason for prostheses failure. We will want your recall appointment scheduled after this procedure if not already.
5. **PROBLEMS:** If any of the following conditions occur, contact us immediately to avoid further problems:
 - Movement or looseness in the restoration.
 - Sensitivity to sweet foods.
 - A peculiar taste from the restoration site.
 - Breakage of a piece of material from the restoration.
 - Sensitivity to pressure.

Please call us if you have any questions or concerns. Thank you for letting us be a part of the team committed to your oral health! Texas Star Dental---281-251-8181